

## LOOKING INWARD

## Topic VOC4 Exercise: Who am I?

## Who am I?

You may find the following questions helpful as a way of exploring your core purpose. Choose some that you find most interesting if you don't have time to look at them all. Are there others who might help you with this exercise?

The focus is on Who are you? –The Real You, not what others tell you, or have told in the past, that you <u>should</u> be.

- What do people come to you for?
- What do those who are closest to you affirm in you?
- What are you doing when you lose all sense of time?
- Which characters in the Bible and other stories do you most identify with and what is it about them that you identify with?
- Which aspects of Jesus do you find most attractive?
- What would be a really fulfilling day?
- What would be a very unfulfilling day?
- What would you like to be remembered at a special dinner to celebrate your life a year after your funeral?

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